

"Trauma Informed Care and Beyond...Practical Strategies for Complex Care Needs"

> Dr. Paul Baker, Presenter March 27, 2024



PersonBrain Model[™]

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Four Elements for Flourishing









There is tremendous

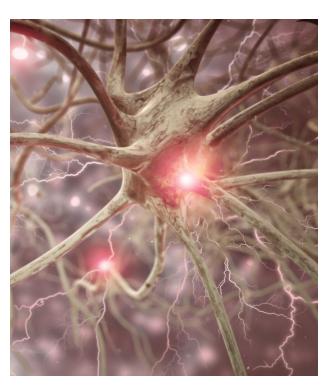
HOPE & OPTIMISM

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for all young people, no matter where they have come from, the experiences they have endured, or the approaches they have taken towards life.

NEUROPLASTICITY

The human brain is able to make lasting change throughout the lifespan



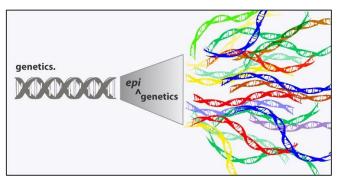


EPIGENETICS

"...the brain is literally sculpted by the environment...more so than any other organ in the body, and over much longer periods of time."

- Mark Solms & Oliver Turnbull







MOTIVATION

Dopamine helps boost mood, motivation, and attention. It enables us to see rewards and take action to move toward them.





TRANSFORMATION

A new mindset allowing young people to take different actions than they may have taken in the past





RESILIENCE

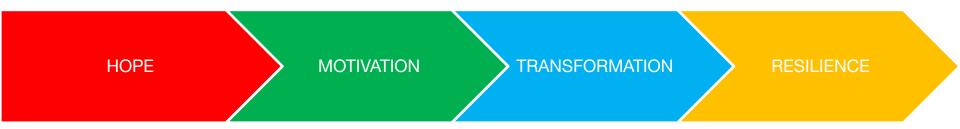
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The ability to adapt well in the face of adversity



From Hope to Resilience

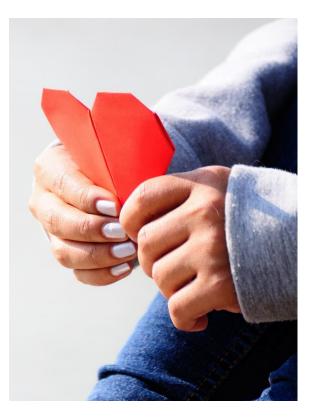
The process of **NeuroTransactional Repair** is a... *linked journey*





REIMBURSEMENTS

Intentionally designed developmental and cultural experiences that are aimed at providing essential needs that were not met earlier in life and that are essential to a positive future!





REIMBURSEMENT DOMAINS

- 1. Relational ReimbursementTM
- 2. Experiential Reimbursement[™]
- 3. Eco-Cultural Reimbursement[™]
- 4. Regulatory Reimbursement[™]
- 5. Biological Reimbursement[™]
- 6. Academic Reimbursement[™]



THE EXPERIENCED

DECICITED DDAINE



Logical Systems

Emotional Systems

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Survival Systems

The Survival Systems

Too often we attempt to "**punish children into goodness** or doing the right thing" (Brendtro & James, 2008)

This approach bypasses the greatest gift a human has...the logical, thinking and caring brain.





Thich Nhat Hanh

Vietnamese peace activist & nominated for Nobel Peace Prize by Martin Luther King Jr in 1967



"If we face our unpleasant feelings with care, affection, and non-violence, we can transform them into the kind of energy that is healthy and has the capacity to nourish us."



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