

# WHOLE PERSON INTEGRATED CARE

March 26-27, 2024



**Southern Counties Regional Partnership (SCRP)** 

Imperial, Kern, Orange, Riverside, San Bernardino, San Diego, San Luis Obispo, Santa Barbara, Tri-City, Ventura



# Schedule - Pre-Conference

PRE-CONFERENCE • Monday, March 25, 2024				
5:30 p.m.	6:45 p.m.	Meet and Greet Reception (Optional) - Vineyard I-II		
7:00 p.m.	7:30 p.m.	Meditation Session (Optional) - Vineyard III		

# Schedule - Day 1

	DAY ONE • Tuesday, March 26, 2024				
7:00 a.m.	7:45 a.m.	Morning Yoga (Optional) - Lawn (if weather permits) or Vineyard III			
8:00 a.m.	9:30 a.m.	Registration & Breakfast – California Pre-function			
9:00 a.m.	9:15 a.m.	Welcome and Announcements			
9:15 a.m.	10:15 a.m.	<b>Keynote 1</b> – <i>California 1&amp;2</i> From Ripples To Waves: Finding value in sharing your story Brandon Allen			
10:15 a.m.	10:30 a.m.	Morning Networking Break			
	12:00 p.m.	Session 1 – California 3 Intersectionality: Your Story, Beliefs and Actions Brandon Allen			
10:30 a.m.		Session 2 – Sonoma 1&2 Applying the Stages of Change with Commercially Sexually Exploited Adults and Youth Nicole Kelly, PsyD, LCP			
		Session 3 – Sonoma 3 Healing Care: Centering Attachment-Focused and Trauma-Responsive Practices Kelsie Tatum Martinez, PsyD, LCP			
12:00 p.m.	1:00 p.m.	Lunch – California 1&2			
1:00 p.m.	2:00 p.m.	<b>Keynote 2</b> – California 1&2 Bridging Perspectives: Fostering Mental Health Equity through Intersectionality and Integrated Care  Hannah Counter, MA, LPC, EMDR Trained			
2:00 p.m.	2:30 p.m.	Afternoon Networking Break			
2:30 p.m.	3:30 p.m.	Healing the Healer – California 1&2 Integrating the Expressive Arts in Self Care Paige Asawa, PhD, LMFT, ATR-BC			
3:30 p.m.	3:45 p.m.	Break			
3:45 p.m.	5:15 p.m.	Session 4 – California 3 Cultural Considerations When Working with the African American Population Through a Trauma Informed Lens Hannah Counter, MA, LPC, EMDR Trained			

# Schedule - Day 1 (Continued)

DAY ONE • Tuesday, March 26, 2024				
3:45 p.m.	5:15 p.m.	Session 5 – Sonoma 1&2 Integrated Care with Cancer Patients Using Expressive Arts Paige Asawa, PhD, LMFT, ATR-BC Session 6 – Sonoma 3 Self Empowered During and Beyond: Integrated Services for Co-Occurring Disorders and Trauma Susan Ireland Mears		
5:15 p.m.	6:00 p.m.	<b>Break &amp; Ride to Dinner</b> – Tram pick up in front of the hotel at 5:30 p.m.		
6:00 p.m.	8:00 p.m.	Dinner – Strolling Farm to Table Dinner – The Farm		

# Schedule - Day 2

DAY TWO • Wednesday, March 27, 2024				
7:30 a.m.	1:00 p.m.	Registration – Conference Center		
7:30 a.m.	8:30 a.m.	Breakfast – California 1&2		
8:25 a.m.	8:30 a.m.	Welcome and Introduction		
8:30 a.m.	9:30 a.m.	<b>Keynote 3</b> – California 1&2  Trauma-Informed Care and BeyondPractical Strategies for Complex  Care Needs  Paul Baker, PhD		
9:30 a.m.	10:30 a.m.	<b>Keynote 4</b> – <i>California 1&amp;2</i> Criminal Justice, Substance Use and The Continuum of Care  Shannon Robinson, MD		
10:30 a.m.	10:45 a.m.	Morning Networking Break		
10:45 a.m.	12:15 p.m.	Session 7 – California 3 Co-Occurring Substance Use, Mental Health and Medical Conditions Shannon Robinson, MD Session 8 – Sonoma 1&2		
		Integrating the Role of Well-Trained Peer Support Specialists is Vital to		
		Session 9 – Sonoma 3 Culturally Sensitive & Intersectional Approaches to Eating Disorders When Serving Marginalized Communities Ashley Acle, MBA, MFT, LMFT		
12:15 p.m.	1:00 p.m.	Lunch to Go – California Pre-function		

# Keynote Speakers | Day 1 | Tuesday, March 26, 2024



#### **Brandon Allen**

CEO, When Thunder Speaks, LLC, Program Director, Rescue a Generation Keynote 1: From Ripples To Waves: Finding Value In Sharing Your Story Tuesday, March 26, 2024, 9:15 am – 10:15 am – California 1&2

Brandon Allen is the Program Director of Rescue A Generation founded by Jose Rodriguez. Brandon pushes to motivate a generation through life changing engagement. He has presented on topics that include faith, mental health, suicide, resilience, fatherhood, and culture. He is a poet, spoken word artist, author, motivational speaker, and life coach. In Brandon's poetic work and profound thoughts about life events and his walk with Christ, you learn exactly what happens "WHEN THUNDER SPEAKS" by gaining insight into a world that is equally balanced with the ugly truth and the beauty of coming out on the other side. His passion for community, Christ, and building up those who come in contact with him are only a few of his gifts. The vision and fruition of his creative mind can be seen in the works of Brandon's clothing line PA APPAREL, SPOKEN WORD, and LIFE's MISSION of being a voice for those who can't speak for themselves.



#### Hannah Counter, MA, LPC, EMDR Trained

Youth Program Clinical Director, New Friends New Life
Keynote 2: Bridging Perspectives: Fostering Mental Health Equity Through
Intersectionality And Integrated Care

Tuesday, March 26, 2024, 1:00 pm – 2:00 pm – California 1&2

Hannah Counter is an EMDR trained Licensed Professional Counselor who leads clinical care as the Youth Program Director for sex trafficking survivors at New Friends New Life, an agency that works to restore and empower the lives of women who have been sexually trafficked and exploited. Hannah has provided therapeutic services to a variety of populations but has spent her career dedicated to excellent care for at-risk and vulnerable populations, with a specific focus on diversity, equity, and inclusion initiatives that create population specific standards of trauma informed care. She currently sits on the board for the Texas Association of Addiction Professionals, Dallas Chapter, operating as the CEU Chair. Hannah is a sought-after speaker and trains experts nationally on topics such as Evidence Based Treatments for Survivors of Human Trafficking and Commercial Sexual Exploitation, Diversity, Equity, & Inclusion Initiatives, Population Specific Trauma Informed Care, and Programmatic Design & Implementation. Hannah completed her Bachelor's degree from The University of Texas in Austin and a Master's degree in Professional Counseling from Dallas Baptist University.



#### Paige Asawa, PhD, LMFT, ATR-BC

Group Facilitator, Simms Mann-UCLA Center for Integrative Oncology Healing The Healer: Integrating the Expressive Arts In Self Care Tuesday, March 26, 2024, 2:30 pm – 3:30 pm – California 1&2

Dr. Paige Asawa is an artist, author, educator and licensed marriage and family therapist, and board certified art therapist. She has been engaged in the mental health and therapeutic arts community for over 30 years. After completing her Bachelor of Fine Arts, she continued her education with a Master's Degree in Marriage & Family Therapy with Specialization in Clinical Art Therapy. In 1994, Paige built a private practice with emphasis on helping people overcome depression, anxiety and life span issues including trauma-focused treatment, couples therapy and family art therapy. She is a full-time faculty in the art therapy department at Loyola

Marymount University. For over 20 years, she taught courses including, art therapy literature, group therapy, clinical supervision, trauma-informed clinical practice, family therapy theory, clinical methods and research methods. She has her Ph.D. in interdisciplinary arts and sciences focused on art therapy and technology. As director of the Landgarten Art Therapy Clinic at Loyola Marymount University she developed innovative programs including trauma and disaster response, support for homeless veterans, support for pregnant and parenting teens, clinical training and family art assessment. Dr. Asawa has twice been awarded the "Clinician of the Year" by the American Art Therapy Association.

# Keynote Speakers | Day 2 | Wednesday, March 27, 2024



#### Paul Baker, PhD

**CEO, The PersonBrain Model** 

**Keynote 3: Trauma-Informed Care and Beyond... Practical Strategies For Complex Care Needs** 

Wednesday, March 27, 2024, 8:30 am - 9:30 am - California 1&2

Paul W. Baker, Ph.D. is a developmental neuropsychologist who has experience working with challenging children and youth across a variety of sectors for over thirty years. His direct experience includes working as a special educator, school administrator, CEO, COO, clinical administrator, psychologist, foster parent, and adoptive parent. Dr. Baker is the co-author of three books, The Hopeful Brain, The Minded Brain and Better Behavior...Positively. In addition, he is the developer of The PersonBrain Model, a positive strengths-based training program for working with trauma and other critical life events. This universal approach is used internationally and incorporates relational and brain-based strategies that are practical, effective, and culturally respectful of young people. Dr. Baker serves as Director of Clinical Services at Allambi Care, Newcastle, Australia and provides NeuroTransactional training and consultation to residential treatment facilities, foster care providers, juvenile justice programs, schools, and other child-serving agencies around the world.



#### **Shannon Robinson, MD**

Fellow American Society of Addiction Medicine, Board Certified in Psychiatry and Addiction Medicine, Principal, Health Management Associates Keynote 4: Criminal Justice, Substance Use and The Continuum of Care Wednesday, March 27, 2024, 9:30 am – 10:30 am – California 1&2

Dr. Robinson is board certified in Psychiatry and Addiction Medicine, a Fellow of American Society of Addiction Medicine, and works as a Principal for Health Management Associates. She served as the Chief of Addiction Service for California Correctional Healthcare Services where she was the champion change management agent for administration and line staff. She assisted with the development of enhanced evidence-based substance use disorder treatment and person-centered care throughout the California Department of Corrections and Rehabilitation. Dr. Robinson's research, clinical, training experience and publications cover psychopharmacology, cognitive behavior therapies, hepatitis C, addictions, telehealth, correctional healthcare, primary and behavioral health integration and related topics, including serving as an expert advisory committee member and subject matter expert (SME) for the creation of National Sheriff's Association and National Commission on Correctional Healthcare (2018) Jail Based Medication Assisted Treatment: Promising Practice Guidelines and Resources for the Field, the Bureau of Justice Assistance/National Institute of Corrections Guidelines for Managing Substance Use in Jails (2023), and providing training and technical assistance to support its implementation.

## Day 1 Sessions | Tuesday, March 26, 2024



Session 1 • 10:30 a.m. – 12:00 p.m. California 3

Presenting: Intersectionality: Your Story, Beliefs and Actions

Presenter: Brandon Allen, CEO, When Thunder Speaks, LLC, Program Director, Rescue a

Generation

See Biography listed under Keynote Speakers



Session 2 • 10:30 a.m. – 12:00 p.m. Sonoma 1 & 2

Presenting: Applying the Stages of Change With Commercially Sexually Exploited Adults

and Youth

Presenter: Nicole Kelly, PsyD, LCP, Consultant, Klasey Consulting LLC

Nicole Kelly is a clinical psychologist who started Klasey Consulting to train social service and mental health professionals on trauma, resiliency, human trafficking, culturally responsive services, vicarious trauma, and leadership development. Nicole has assisted with the development of an operations manual for the Los Angeles Probation Department's Child Trafficking Unit. She has collaborated with residential treatment facilities on the development and implementation of trauma-informed programming for trafficked youth. Nicole has a team of psychologists and lived experience experts who provide in-person and virtual trainings in English and Spanish. Nicole has developed several of the training curricula that are being utilized throughout California to better equip providers on working with commercially sexually exploited youth and foster youth.



Session 3 ● 10:30 a.m. – 12:00 p.m. Sonoma 3

Presenting: Healing Care: Centering Attachment-Focused and Trauma-Responsive Practices Presenter: Kelsie Tatum Martinez, PsyD, LCP, Director of Clinical Development and Consultation, Catalyst Center

Dr. Kelsie Tatum Martinez is a licensed psychologist with over 15 years of experience serving youth and families with histories of complex trauma and significant unmet needs. She earned her bachelor's degree in psychology and education from Occidental College and her doctorate in Clinical Psychology from Baylor University. She completed her doctoral internship and postdoctoral fellowship as an adolescent residential treatment therapist at a community-based organization where she later served in a variety of senior leadership roles, including the Director of Clinical Services and Director of Training, Dr. Tatum Martinez is an experienced supervisor and trainer with specializations in clinical supervision and trauma-responsive care and intervention strategies. After working in youth residential treatment programs for over a decade, Dr. Tatum Martinez joined the Catalyst Center where she provides training, technical assistance, and advocacy to influence systems change and improve services for youth and their families.



Session 4 • 3:45 p.m. - 5:15 p.m. California 3

Presenting: Cultural Considerations When Working With The African American Population Through A Trauma Informed Lens

Presenter: Hannah Counter, MA, LPC, EMDR Trained, Youth Program Clinical Director, New Friends New Life

See Biography listed under Keynote Speakers



Session 5 • 3:45 p.m. – 5:15 p.m. Sonoma 1 & 2

Presenting: Integrated Care With Cancer Patients Using Expressive Arts

Presenter: Paige Asawa, PhD, LMFT, ATR-BC, Group Facilitator, Simms Mann-UCLA Center for Integrative Oncology

See Biography listed under Keynote Speakers

## Day 1 Sessions | Tuesday, March 26, 2024



Session 6 • 3:45 p.m. − 5:15 p.m. Sonoma 3

Presenting: Self-Empowered and Beyond: Integrated Services for Co-Occurring Disorders and Trauma

Presenter: Susan Ireland Mears, SMART Regional Coordinator, Peer to Peer Community Service Worker, Imperial County Behavioral Health Services

Susan Ireland currently resides in Imperial County and is a Regional Coordinator for SMART Recovery. She has recovered from a Substance use disorder, mental illness, and the trauma associated with it. Susan has met many obstacles in learning new living skills to maintain a healthy and balanced lifestyle and has educated herself in all the trending programs to overcome addictive behaviors as well as maladaptive behaviors. Susan is certified in MRT (Moral RecognitionTherapy), CBT (Cognitive Behavioral Therapy), CPT (Cognitive Processing Therapy), Seeking Safety, Motivational Interviewing, SMART Recovery etc. She has participated in all recovery platforms from Red Road Wellbriety, AA, NA, CA, HA, SIRA, Dharma, Refuge, WFS, SMART Recovery, Celebrate Recovery, etc. She is currently training to be a Peer to Peer support specialist for both Mental Illness and Substance Use Disorders and is a community service worker providing support to individuals who continue to suffer from substance use disorders as well as mental illness, providing them with tools and techniques for relapse prevention as well as living skills. Now having 15 years of abstaining from mind-altering substances, Susan has gained the experience and knowledge to better serve her community.

## Day 2 Sessions | Wednesday, March 27, 2024



Session 7 • 10:45 a.m. – 12:15 p.m.

California 3

Presenting: Co-Occurring Substance Use, Mental Health and Medical Conditions Presenter: Shannon Robinson, MD, Fellow American Society of Addiction Medicine, Board Certified in Psychiatry and Addiction Medicine, Principal, Health Management Associates See Biography listed under Keynote Speakers



Session 8 • 10:45 a.m. – 12:15 p.m. Sonoma 1 & 2

Presenting: : Integrating The Role Of Well-Trained Peer Support Specialists Is Vital To Authentic Recovery Practices

Presenter: James A. Ritchie, PhD, CMPSS, Director of Operations, Recovery Resilience Solutions, Crestwood Behavioral Health, Inc.

James Ritchie, Ph.D., CMPSS has leveraged his 40 years of lived recovery experience to actively train, promote, and support recovery and peer support in California and beyond. James has also assisted in the development of 15 county-run prevention and early intervention projects and programs. He serves as a liaison, strategizing and planning with government entities, including the California Department of HealthCare Access and Information, the California Mental Health Services Authority, county Directors of Behavioral Health and their designees, as well as in other states, agencies and business entities. James has also been certified as a instructor/trainer in several Behavioral Health areas, including suicide intervention, prevention, crisis response, and Crisis Intervention Team Training for first responders. James is currently the Director of Operations on the Crestwood Recovery Resilience Solutions team and facilitates and coordinates peer support and related training across the State of California and beyond.

### Conference Photos:

Throughout the conference we will be taking photos, which we will post on the website, if you do not want to be in photo, please duck out or let the photographer know if you do not wish to be photographed.

## Day 2 Sessions (Continued) | Wednesday, March 27, 2024



Session 9 • 10:45 a.m. − 12:15 p.m. Sonoma 3

Presenting: Culturally Sensitive & Intersectional Approaches To Eating Disorders When Serving Marginalized Communities

Presenter: Ashley Acle, MBA, MFT, LMFT, Organizational Consultant and Clinical Supervisor

Ashley Acle, MBA, MFT, LMFT is a consultant, clinical supervisor, and advocate passionate about health equity and culturally sensitive mental health. She frequently speaks on eating disorders and mental health treatment, along with ways we heal from experiences of racism, immigration trauma, colorism, and other marginalizations to promote body acceptance and well-being. Ashley helps clients with eating disorders and mental health issues through her private practice, consults for organizations, and leads clinical supervision and educational workshops for healthcare professionals. She has been a leader in eating disorders for several years, working in behavioral health operations, research, clinical quality and regulatory compliance, and direct care. Her accomplishments include leading a systematic review of Cultural Considerations in the Treatment of Eating Disorders among Racial/Ethnic Minorities (Acle et al., 2021), highlighting core insights for researchers and practitioners treating eating disorders. Ashley has also spoken internationally to increase awareness and equitable treatment for eating disorders within Latine, Asian, and Indigenous communities. Ashley is passionate about building community among healthcare providers of color as a mentor and peer consultant. She is a member of several professional associations, including the American Association of Marriage and Family Therapists (AAMFT) and their Margins to Center and Queer and Trans Advocacy Networks (QTAN).



# **Southern Counties Regional Partnership (SCRP)**

Imperial, Kern, Orange, Riverside, San Bernardino, San Diego, San Luis Obispo, Santa Barbara, Tri-City, Ventura

The Southern Counties Regional Partnership (SCRP) is a collaborative effort between ten Southern California counties. The Partnership's goals are to coordinate regional education programs, disseminate information and strategies throughout the region, develop common training opportunities and share programs that increase diversity of the public mental health system workforce when those programs are more easily coordinated at a regional level. The ten member counties are Kern, Imperial, Orange, Riverside, San Bernardino, San Diego, San Luis Obispo, Santa Barbara, Tri Cities and Ventura. www.scrpcalifornia.org



# **Southern Counties Regional Partnership (SCRP)**